

Hywel Dda Community Health Council

What's news

Meet the families living on COVID Street; are you one of these families?

People of Carmarthenshire, Ceredigion and Pembrokeshire who make up the Hywel Dda area are diverse and unique; whether you live in one of the busy towns, villages, live in a beautiful in-land rural area or perhaps on our glorious coast.

Hywel Dda residents have homes and families of different types. There is no such thing as a typical family, no one is typical. Some people live alone, others live in large extended families. Some people own their own large homes in a parcel of land, others may rent small flats. Some people drive and have access to a car while others rely on public transport, some work part time, some have retired.

Despite all these many differences, we all have one thing in common – we have all been affected by the coronavirus pandemic in one way or another. The pandemic has had an impact on people's health care. Whether people regularly use health services or are infrequent attenders in GP surgeries, the changes that have arisen from the coronavirus pandemic has had an impact on what is available to them.

Building on the information we have received from members of the public, we have created a typical street. [COVID Street](#) is on a housing estate on the outskirts of a town in Hywel Dda. It's a quiet place, a few people have lived there since the mid-seventies but some are very new to the area. It's a mixed street of single people, couples and families, living in houses and bungalows, most of which are about 50 years old although a couple of homes are relative new-builds. Some people work in the town, a few commute to other areas. A few people are looking for work or are in training and education, some others are retired.

Each week we will be sharing the stories of one of the families living on COVID Street on our social media pages. Let us introduce you to Simon and Julie who live in No 1. Both are in their late 40's and neither work. Their home is a bungalow. [This is their story.](#)

Hywel Dda CHC October Facts and figures

1225



Total number of Twitter followers

Our top tweet was about flu vaccinations which gave us 876 impressions (The number of times users saw the tweet on twitter).



Total Facebook page followers. Our top post was regarding mental health services giving us a reach of 3,989 people

769

21

Advocacy packs issued to potential clients.

Packs contain information on what to expect if you decide to work with the CHC advocacy service to raise a concern about NHS care and/or treatment.

We have three offices, one for each of the counties within the Hywel Dda health board area.

By having a footprint in each, we are able to keep our ears to the grounds and keep informed of the health issues that are important to you.

3

Help us to help you

Mental Health Survey

Following the outbreak of COVID-19 a number of changes were made to adult mental health services.

We understand that the pandemic has left many feeling vulnerable and the findings of our national survey and report of our findings have shown that some felt cut-off from the support they need.

We hope our survey will help us gather more information about mental health services within Hywel Dda and help us to raise your concerns and represent your views and the views of carers to the Health Board.

What we need to know :

- We need to understand recent experiences of NHS mental health care from service users, their families and/or carers
- We need to understand as worked well and what positive outcomes has made a difference for people
- We need to understand what didn't go well
- We need to understand what needs to improve

Link to our survey:

https://forms.office.com/Pages/ResponsePage.aspx?id=uChWuyjjgkCoVkM8ntyPrsxEwXtF-8dEq_P7P71QiXIUMkFUM1czWUdaMEhGQURGSIpGUK1MVFRJUy4uC

or you may wish to complete a paper copy, if so, feel free to contact us and we can send you a copy together with an envelope so that you can post it back to us.

You will not be asked to share your name and address as part of our survey.

October reports from Hywel Dda CHC

2019/2020 Annual Report:

<https://hywelddachc.nhs.wales/files/reports/annual-reports/hywel-dda-chc-annual-report-2019-2020-pdf/>

2019/2020 Welsh Language Standards:

<https://hywelddachc.nhs.wales/files/reports/annual-reports/welsh-language-standards-report-2019-2020/>

Maternity Services: <https://hywelddachc.nhs.wales/files/reports/hdchc-maternity-services-nbsp-visit-report/>

Our (Coronavirus) Street : <https://hywelddachc.nhs.wales/what-we-have-to-say/coronavirus-nation-street/our-street/>

No 1 Coronavirus Street <https://hywelddachc.nhs.wales/what-we-have-to-say/coronavirus-nation-street/no-1-coronavirus-street/>

Patient information and updates

Welsh Ambulance Service NHS Trust (WAST) Behind the headlines
https://www.ambulance.wales.nhs.uk/Media/Documents/BTH_October%202020_ENG_v2.pdf

CAVO :WAST Training sessions : Learning from your Covid-19 Welsh Ambulance experiences & Being prepared for the what if?/How the WAST can help you think ahead

<http://www.ceredigion.gov.uk/resident/social-care-wellbeing/support-for-carers/>

CAVS e-bulletin #97 /Carmarthenshire 3rd Sector

<https://us4.campaign-archive.com/home/?u=0c0bc054fa1574bad20cc02a6&id=828ff7fb0f>

CAVO Blood Donations <http://www.cavo.org.uk/archives/9893>

Community Connector - Pembrokeshire [@CCPembs](#) · Community



<https://hywelddachc.nhs.wales>
<http://www.wales.nhs.uk/sitesplus/904/page/101715>



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